Located in the leafy suburbs of Swiss Cottage, outside the London congestion charge zone, The London Marriott Hotel Regent's Park offers a tranquil leisure club with a large heated indoor swimming pool, cardio vascular gymnasium, sauna, steam room, plus a health and beauty salon. With qualified personal trainers on site we will be happy to develop a training program to suit your needs.

Offering members free parking in the secure underground car park and with easy access through its great road links, the leisure club is an ideal stop on the way to or from the office as well as a convenient club for local residents. Swiss Cottage underground station (on the Jubilee line) is just a three minute walk from the hotel and the hotel is well positioned for other public transport links.

**Facilities:**

Car Parking

Personal training\*

Cardiovascular equipment

Resistance equipment

Heated indoor swimming pool\*

Swimming lessons

Sauna

Steam Room

Changing rooms

Retail shop

\*Extra charges apply

**Your benefits:**

* 3 hours free parking (subject to availability)
* Free Wi-fi
* Complimentary towels on each visit
* Complimentary induction to fitness machines with personal trainer
* 10% off UK stay for Breakfast Rate
* 20% Osprey Clinic
* 20% Off at Carluccio’s
* Use up to 40 other Marriott Clubs across the country

**Opening times:**

6am - 11pm 7 days per week

(Children under 15year old 8am - 8pm Monday to Thursday & 6am-11pm Friday - Sunday)